



Nancy Bothwell, EdD
Registered Psychotherapist, RMFT
Nancy Bothwell Psychotherapy Services

CONSENT for TELE-HEALTH SESSIONS/INTERACTIONS

Telehealth is use of information and communication technology, telephone and/or internet, to provide video and/or audio counselling and psychotherapy services.

All of the following items apply to both the client and the therapist.

With the use of tele-health, there are unpredictable technical difficulties and risks, including: poor connection, interruptions, frozen screens, and unauthorized access. It is strongly recommended that the device used has the latest operating system and security updates. If the connections are deemed inadequate, tele-health session can be discontinued. During a session, having a telephone nearby in case of disruption is recommended.

The tele-health session is not, and will not be, recorded at any time.

It is important the location used is private, secure, and free from distractions, such as interruptions, children, pets, etc.

A disadvantage of tele-health use is there will be less visual and physical information available to the participants, however, there are also benefits, such as: easier access, convenience of meeting from a location of your choice, no commute, no gas costs, continuity of care, and physical safety.

Please know all confidentiality rules and limits, as outlined in the Welcome to Psychotherapy form, apply. Please note that crisis support is limited to the therapist providing crisis support resource(s) which you will be responsible to use and/or access.

I have read and understand the this form. I agree and consent to the use of tele-health for counselling and psychotherapy.

Name: _____ Date: _____

_____ Date: _____

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