



Nancy Bothwell, EdD
Registered Psychotherapist, RMFT
Nancy Bothwell Psychotherapy Services

COVID PANDEMIC OFFICE GUIDELINES

(Revised January 3, 2022)

Video and telephone sessions are available.

To meet in the office:

* **double vaccination** (at least 14 days post vaccination) and **health prescreening are required**

Please ensure you can **answer “NO” to all** of the following:

- Have you tested positive for Covid in the past 10 days or been told to isolate?
- Have you had close contact with anyone who has tested positive for Covid in the past 5 days?
- Do you have any of these symptoms: fever and/or chills; new cough or worsening chronic cough; shortness of breath; decrease or loss of taste or smell; unexplained fatigue, lethargy, malaise, or muscle aches?

Please **carefully consider** coming to the office, if you live with someone considered high risk (+70 years and/or medically compromised)

The **Wait Room is closed** to minimize contact with others. Sessions are staggered. When you arrive, please **wait in your vehicle** until called for health prescreening. The door will then be unlocked and you will be invited to wash your hands prior to the session.

Please provide your own face mask as required by the City of Burlington.

Disinfection of the office space occurs daily and as required.

The **kitchen is closed** to client use.

Cancellation fee: \$75 plus HST for 24 hours or less notice; emergency and health exceptions may apply.

Thank you for your consideration knowing these guidelines are needed to respect the safety of all.

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