

*Nancy Bothwell, RP and Karen Zicari, RP*  
*1-1376 Plains Road East, Burlington, ON L7R 3P8*

*We are pleased to announce the reopening the office  
for face-to-face sessions*

Due to the Covid-19 pandemic, **social distancing** measures are a priority.

**Video or phone sessions** remain available for those who do not wish to meet face-to-face.

**For those who prefer to meet in the office, several changes ensure the safety of all.**

**Health prescreening** will occur at session scheduling, as well as, immediately prior to beginning a session. Please ensure you can **answer “NO” to all** of the following:

Have you:

- experienced cold or flu-like symptoms in the last 14 days, including cough, fever, chills, sore throat, respiratory symptoms, or difficulty breathing?
- been in contact with someone who was diagnosed with COVID 19, in the last 14 days?
- tested positive for COVID 19 *and* it remains unresolved?
- travelled outside Ontario or Canada in the last 14 days, *or* been in contact with someone who has done so?

Please **consider carefully** coming to the office if:

- you are a front line worker, or live with one
- you live with someone considered high-risk (over 70 years and/or medically compromised)

The **Wait Room is closed** in order to minimize contact with others. Sessions will be staggered between therapists with time allowed between sessions for disinfecting frequently used surfaces. When you arrive, **please wait in your vehicle** until the therapist texts and/or calls you. The therapist will unlock the door, and invite you to wash your hands in the washroom prior to beginning the session. **Visitors** will be required to wait in your vehicle.

The use of a **face mask** is required by the City of Burlington beginning July 20, 2020. **Please provide your own.**

**Cancellation fees** are suspended at this time, however we still appreciate you letting us know if you are unable to attend your session as soon as you are able.

The **kitchen is closed** to clients at this time.

*We look forward to meeting again  
and are open to additional ideas to make our space safer*